



CATHOLIC ASSOCIATION

ANNUAL PILGRIMAGE TO LOURDES 22nd-29th August 2008

Medical Officer: Dr Trevor Fernandes MBBS MRCGP

Forms to be sent to: The Paddock
Hudnall Lane
Little Gaddesden
Herts HP4 1QE
Enquiries to: 07504 656115
trevjofernandes@yahoo.com

Dear Pilgrim,

Please complete Part 1 below and Part 2 overleaf. This is to ensure that, should you become ill in Lourdes, either as an Assisted Pilgrim or a Helper, the fullest possible information will be available to those responsible for your care. **If you are registering as an Assisted pilgrim please ask your GP to fill Part 3. You MUST fill in this form in order to stay in the Accueil, receive wheelchair assistance in Lourdes or to be considered for anointing by the clergy.**

Information disclosed will be available to the Medical and nursing staff only and will be treated with the strictest confidence. Having a medical condition or being on medication does not preclude you from being a helper or contributing to the Pilgrimage in other ways.

Please complete and send the form as soon as possible, closing date 15th July 2008

Yours sincerely,

Dr Trevor Fernandes

Part 1

Name (block capitals): Rev/Mr/Mrs/Ms.....
Address:.....
..... Post Code:.....
Telephone n° (including area code):..... Age:..... Date of Birth:.....
Diocese:..... Religion:.....

IMPORTANT, Please read the information below about Lourdes:

The CA Pilgrimage takes place at the end of August, when Lourdes is very busy. It can be very hot and also, being in the foothills of the Pyrenees, very wet.

The Accueil is in the Domaine near the grotto and we provide nurses, carers and doctors. It is best regarded as an exclusive Nursing Home! If you live in a Care or Nursing Home, or need lots of help at home, you should request to stay here and someone can accompany you.

The Hotels do cater well for Assisted Pilgrims, but can be some way from the Domaine. You need to be able to walk up to 5 miles a day and look after yourself indoors.

We can provide help with pushers and wheelchairs in Lourdes, but CANNOT supply wheelchairs at UK airports. If you have your own wheelchair, you should bring it with you, there is no charge for this. Electric wheelchairs can be used if can be partially dismantled.

- I DO NOT WISH TO REGISTER AS A SICK PILGRIM but have filled in Part 2 with details of my health in case of emergencies in Lourdes
- I WISH TO REGISTER AS AN ASSISTED PILGRIM STAYING IN HOTEL and have filled in Part 2 with details of my health and a summary from my GP in Part 3
- I WISH TO REGISTER AS AN ASSISTED PILGRIM STAYING AT THE ACCUEIL and have filled in Part 2 with details of my health and a summary from my GP in Part 3

PART 2

Please state names, addresses and telephone numbers of parents/guardians/next of kin.

Will anyone be accompanying you to Lourdes? If so, their name & contact telephone number.
(Registered hotel pilgrims staying in a hotel needing care MUST be accompanied by an able-bodied adult who can act as their carer although pushers can be provided if requested on this form)

Do you suffer from any allergies?	Y/N	If yes, please list below.	
Can you dress unaided?	Y/N	Can you walk up 10 steps unaided?	Y/N
Can you regularly walk one mile unaided	Y/N	Do you use a wheelchair?	Y/N
Any special dietary requirements?			

Will you bring your own wheelchair to Lourdes (no charge for this, advised if needed at airport)? Y/N

Do you need a wheelchair to be provided in Lourdes (no charge for this)? Y/N

Do you need a pusher: in Lourdes? Y/N at the airport? Y/N

If it is considered necessary, may I have your permission to contact your GP for further information? Y/N	
I authorise my GP to provide medical information about me to the Pilgrimage Medical Officer.	
Signed:	Date:

Name & address & telephone number of your GP. **(If GP completes Part 3, please would he/she sign here)**

PART 3: MEDICAL FORM

Dear Doctor, your patient has asked to register as a Pilgrim travelling by air to Lourdes, please complete this part of the form for him/her. Computer printouts of medical summary sheets are acceptable. Please list any current medical conditions, illnesses or disability:

Please list any regular medication. (Computer print-outs should be up-to-date)

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

Any further necessary information; continence, dietary requirements, stoma; excessive weight; problems with travel (pilgrim must be able to travel by plane, without need for in-flight oxygen, in upright seat for 90 minutes)

If any Medical Condition is diagnosed, or if you receive any additional medical treatment to that described above, between the completion of this form and the departure of the Pilgrimage, you must inform the Pilgrimage Medical Officer in writing. Failure to do so might invalidate your insurance cover. If in doubt, contact me or check with your GP. **All pilgrims to bring 10 days supply of medications and dressings and EHC in case treatment required by French medical services.**